OVEN RACK TOOL

ABSTRACT OF THE DISCLOSURE

An oven rack insertion and removal tool (1, 18) has a grasping handle end (4) on a proximal end (2) and a rack insertion notch (6) and extraction notch (5) on a distal end (3). One embodiment is provided having only one notch (15) for both extracting and inserting an oven rack. The tool may have an eye hook (7) for hanging the tool on a nail or hook proximate an oven (10).